

## Meals on Wheels

Hills Community Care provides services for the frail aged and to their carers. We offer assistance so that people may maintain an independent and quality lifestyle.



Hills Community Care Meals On Wheels Program provides pre-cooked and packaged meals from a diverse menu selection and delivered to your home.

## What Hills Community Care offer:

A choice of chilled and frozen meals delivered each weekday

- Frozen meals delivered on weekdays in • advance for weekends
- meeting new people and making new friends
- Meals for an emergency
- Culturally diverse meal choices
- Meals are delivered by our valued volunteers



**More Information** Hills Community Care's Meals on Wheels Program Contact us on 02 9761 7602 hcc@thehills.nsw.gov.au 3 Columbia Court, **Baulkham Hills** 



## hcc.thehills.nsw.gov.au | 9761 7600

