

## **In Home Respite**

Hills Community Care provides services for the frail aged people and to their carers. We offer assistance so that people may maintain an independent and quality lifestyle.

## HOW CAN HILLS COMMUNITY CARE HELP?

We can provide:

- Social and community interaction
- Companionship
- Assistance with meal preparation and shopping
- Occasional respite
- Extended respite and emergency respite
- Respite for carers
- Centre Based Respite in a group setting



## **MORE INFORMATION**

Hills Community Care's In Home Respite Program, contact us on 02 9761 7607 | hcc@thehills.nsw.gov.au 3 Columbia Court, Baulkham Hills



hcc.thehills.nsw.gov.au | 9761 7600

